



# WALT DISNEY WORLD

## *Kid's Guide*

*A Complete Guide to Surviving Disney World With Kids*

# Rides with Fright

Proceed with Caution!



## **Expedition Everest - Animal Kingdom**

This ride is themed around a Yeti protecting the Forbidden Mountain next to Mount Everest. There are scary elements including reverse travel and a large animatronic Yeti.

## **Tower of Terror - Hollywood Studios**

This ride is visually intimidating to young children; containing intense and realistic special effects. The plummeting elevator at the end may also be alarming to adults

## **Haunted Mansion - Magic Kingdom**

The name raises anxiety, as do the sights and sounds of the waiting area. While the ride itself is gentle younger children may be frightened by the spooky sounds and macabre sights.

## **Mission Space - Epcot**

This ride simulates Space flight. Orange Mission will experience G-forces. This ride isn't ideal for anyone who identifies as claustrophobic.



# STROLLER INFORMATION

## YES, YOU NEED ONE

### "But do I really need a stroller?"

If you have children 6 years of age or younger, I recommend considering using a stroller. While most 6-year-olds have outgrown using a stroller at home, there is a lot of ground to cover in Disney. It has been documented that guests walk between 7 - 12 miles a day at Disney World. Clients never regret making this decision and investment for their trip!



### Guidelines for Stroller Use:

- Strollers larger than 31" (79 cm) in width and 52" (132cm) in length are not permitted.
- Stroller wagons are also not permitted.
- Strollers are not allowed on escalators. Use of strollers is permitted on elevators and ramps, available at certain locations.
- A child must be removed from his or her stroller while riding on a parking lot tram. You will need to collapse the stroller to board the tram.
- You may or may not need to collapse the stroller to ride the Skyliner, depending on size.
- Do not leave personal belongings in an unattended stroller.
- Strollers may be moved by a Cast Member due to operational needs.



# STROLLERS FROM *Disney*

*Strollers are available for rent at all four theme parks and Disney Springs. Strollers are also welcome at Blizzard Beach and Typhoon Lagoon but are not available for rent. Disney strollers are best suited for toddlers and 3-4 year olds, they are not suited for infants. It's important to know Disney strollers are hard plastic and do not recline.*



## *Prices*

### **Single stroller**

\$15 per day with no deposit  
(\$13 per day for multi day rentals)

### **Double stroller**

\$31 per day with no deposit  
\$27 per day for multi day rentals

*\*Stroller rentals at Disney Springs require a \$100 credit card deposit.*

With multi-day rentals, you can skip the rental line entirely after your first visit. Head to the stroller handout area, show your receipt, and you'll be wheeled out in no time! This also applies for park-hopping throughout the day. Turn in your stroller at the first park and present your receipt at the next park. You'll be issued another stroller at no additional charge. (The same applies to locker rentals and ECV/ESV rentals, too!)



# THIRD-PARTY STROLLER VENDORS

If you don't bring your own or rent from Disney  
A Great Money Saving Tip!

## *Kingdom Stroller*

Kingdom Stroller offers a variety of strollers at a reasonable prices. While they cannot leave your rental with bell services at Disney resorts, they still deliver to Disney and Non-Disney resorts for free.

They also offer the option to pick up your rental at Orlando International Airport (MCO) and are conveniently located at the Hold My Luggage counter at B Terminal, Level 1, at the opposite end of Disney's Magical Express. Included in their price is also a free rain cover, and small cooler and all of their strollers come with cup holders. They also offer insurance for \$15, covering theft and any damage to the stroller.

[Book a Stroller Here](#)



# ENCHANTING EXTRAS

ENHANCE & PERSONALIZE YOUR VACATION

## Droid Depot

Build your own droid, one of the galaxy's most indispensable sidekicks! Starting from \$119.99



## Savi's Workshop - Handbuilt Lightsaber

Build your own custom lightsaber and continue the way of the Force. Starting from \$249.99



## Dawn to Life - Cirque du Soleil

Watch in wonder as the beauty of Disney animation blends with the thrilling spectacle of Cirque du Soleil!



## Magic Kingdom Fireworks Dessert Party

End your Disney day in a magical way—with tantalizing treats and fantastic fireworks. \$99+



# ENCHANTING EXTRAS

ENHANCE & PERSONALIZE YOUR VACATION

## Disney VIP Tours

Create your Disney dream day & explore the parks with an official VIP Guide. Prices vary.



## Ferrytale Fireworks: Dessert Cruise

Delight in desserts, drinks, and views of fireworks aboard a ferryboat. Starting from \$99  
From March 30 through July 5, 2023, Ferrytale Fireworks will be closed for refurbishment.



## Capture Your Moment

Commemorate your celebration with a photo session including a view of iconic Cinderella Castle. \$50+



## Horse Drawn Excursion

Relax on a horse-drawn carriage ride along the scenic banks of the Sassagoula River. Starting at \$55



# PRINCESS MEET & GREETs

WHEN & WHERE TO FIND YOUR FAVORITE PRINCESSES



*Cinderella*

*The Royal Princess Processional (Magic Kingdom)*  
*Cinderella's Royal Table (Magic Kingdom)*  
*FairyTale Hall (Magic Kingdom)*

*Pocahontas*

*Boat Promenade (Animal Kingdom)*



*Merida*

*The Royal Princess Processional (Magic Kingdom)*  
*FairyTale Garden (Magic Kingdom)*

*Elena*

*The Royal Princess Processional (Magic Kingdom)*



*Belle*

*The Royal Princess Processional (Magic Kingdom)*  
*Meet-and-Greet; Epcot; usually France)*  
*Enchanted Tales with Belle (Magic Kingdom)*

*Tiana*

*FairyTale Hall (Magic Kingdom)*  
*The Royal Princess Processional (Magic Kingdom)*



*Moana*

*Magic Kingdom Cavalcade (Magic Kingdom)*



# PRINCESS MEET & GREETs

WHEN & WHERE TO FIND YOUR FAVORITE PRINCESSES



*Ariel*

*Akershus Royal Banquet Hall (Epcot)*  
*The Royal Princess Processional (Magic Kingdom)*  
*Ariel's Grotto (Magic Kingdom)*



*Jasmine*

*Meet and Greet Adventureland (Magic Kingdom)*  
*Meet-and-Greet (Epcot; usually Morocco)*

*Elsa*

*Meet-and-Greet (Epcot; usually Norway)*  
*Frozen Sing-Along (Hollywood Studios)*

*Aurora*

*The Royal Princess Processional (Magic Kingdom)*  
*Meet-and-Greet (Epcot; usually France)*



*Snow White*

*The Royal Princess Processional (Magic Kingdom)*  
*Meet-and-Greet; (Epcot; usually Germany)*  
*Storybook Dining @ Artist Point (Dinner)*

*Rapunzel*

*The Royal Princess Processional (Magic Kingdom)*



*Anna*

*Meet-and-Greet (Epcot; usually Norway)*  
*Frozen Sing-Along (Hollywood Studios)*

*Mulan*

*The Royal Princess Processional (Magic Kingdom)*  
*Meet-and-Greet (Epcot; usually China)*



# RIDER SWITCH GUIDE

Have a Child that is not tall enough for a ride?  
This is the guide for you!

## What Is Rider Switch?

An important tool at your disposal during your time at Disney is going to be their program called "Rider Switch". Rider Switch allows friends and family of any guests who don't meet the boarding requirements of a ride or don't wish to experience a particular attraction to still experience an attraction.

**View the complete list of rides that utilize Rider Switch below**

**RIDER SWITCH**



## How To Use Rider Switch

Take the following steps to utilize Rider Switch when approaching an attraction:

1. First check with a Cast Member to see if Rider Switch is offered at the attraction you'd like to experience.
2. Upon arriving at the selected attraction, approach the greeting Cast Member with your entire group. Members will be divided into 2 parties. "Party 1" includes those riding the attraction first, while "Party 2" consists of non-riders and their supervising Guests.
3. The supervising Guests of Party 2 - which can include a maximum of 2 people - will have their app or band scanned and must wait in the designated area - usually outside the attraction - while Party 1 waits in line to experience the attraction.
4. After Party 1 experiences the attraction, they'll assume supervision of the non-riding Guests.
5. The supervising Guests of Party 2 should then return to the appropriate attraction entrance (e.g. attraction exit) to have their admission media/tickets re-scanned by a Cast Member for the Rider Switch entitlement. At this point, Party 2 may enter the appropriate attraction return line and board without waiting in the regular queue.



# DISNEY SUCCESS TIPS

What to do if things go wrong



## RAIN

Check the weather each morning and be prepared with rain gear: Ponchos, umbrellas, an extra pair of shoes and stroller covers. Most outdoor attractions will continue as long as there is no lightning. Keep an eye out for the Rainy Day Cavalcade - a special parade with bright and colorful rain gear!



## LATE OR MISSED ADVANCE DINING RESERVATION

Sometimes things happen and you might miss an Advance-Dining reservation. Know that there is usually a 15-minute grace period for dining reservations. You can even try to modify your time using the My Disney Experience app. If you are unable to modify your dining reservation, speak with a cast member or enter the chat feature on your MDE and they will be able to assist!



## SICK/INJURIES

Disney has its own Fire Department, First Responder Unit, and First Aid Centers that will have everything from bandaids to Pedialyte. You can find First Aid Centers by using the My Disney Experience app or asking a Cast Member. The most common issue guests face is dehydration: so make sure to utilize the FREE water at ANY counter service location!



## MELTDOWNS

Because children at Disney are often over-stimulated, not getting enough sleep, and have consumed too much sugar, meltdowns are a common occurrence. If/when this happens in your family, stay calm, take a break, and get some decent food. Consider finding a quiet spot or returning to your hotel for a nap or dip in the pool to regroup.



## LOST ITEMS

There is a Lost & Found center at each park. Use the My Disney Experience app or speak with a cast member to help you locate it. If the item isn't there, Disney uses an online system called Chargerback that allows you to answer questions and Disney will respond within 48 hours. If the item is found, they will ship it to you free of charge.



## RIDE BREAKDOWNS

If a ride breaks down while you're on it, it is important to follow directions and listen to cast members for your safety. All rides are built with an internal evacuation system, but often the safest option for ride engineers is to get the ride going again rather than evacuate.



## NEED CASH

If you find you're in need of cash, there are Chase ATMS in every park including the waterparks and resorts. Keep in mind there may be banking fees if you are not a member of Chase bank. While most cast members cannot accept tips, it is suggested to tip for valet parking, luggage assistance, or if you want to buy a cash-only time like balloons.

# Disability Access Service

## INCLUSIVITY FOR ALL GUESTS

### WHAT IS DISNEY ACCESS SERVICE?



Disney Parks are committed to providing a welcome and inclusive environment that is accessible to all guests. As part of this commitment, the Disability Access Service program exists to assist guests with disabilities who have difficulty tolerating long waits in a conventional queue environment.

Eligible guests can now pre-register for DAS Advance through live video chat with a cast member. Please note that pre-registration can be done up to 30 days in advance of the park visit but no less than 2 days before arrival. During the registration chat, guests can book up to 2 one-hour return windows for select experiences using the DAS Advance planning option. Additional DAS selections can also be made on the day of the visit. All park visits must occur within 30 to 2 days of the live chat.

### IMPORTANT INFORMATION TO REMEMBER:

- DAS is designed for guesses who have difficulty tolerating long waits in conventional queue environments due to a disability
- DAS does not provide immediate access to experiences, but instead allows guests to request a return time for a specific experience that is similar to the current standby wait. This allows the guest using DAS to enjoy other experiences in the park instead of physically waiting in the standby line.
- The guest who is requesting to use DAS must be present during registration (in-person or via live video call) and when redeeming a DAS return time at Walt Disney World theme parks.
- The guest using DAS does not need to be present when a return time is requested at an attraction or any Guest Relations location. Once registered, DAS is valid for up to 60 days.

### NEW FEATURES

The DAS program has two new features: (1) pre-registration through live video call using DAS Advance pre-arrival planning, and (2) the convenience of receiving DAS return times through the My Disney Experience app. Any member of a DAS party can obtain a return time for the whole party, but the registered guest using DAS must be present when the DAS return time is redeemed. Return times do not expire, but a party can only hold one active return time at a time.

[LEARN MORE HERE](#)

# Character Dining

Meet your favorites!

## **GARDEN GRILL**

You'll meet: Chip & Dale & Friends  
Where: Epcot

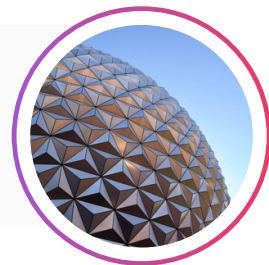


## **TOPOLINO'S TERRACE BREAKFAST**

You'll meet: Mickey, Minnie, Donald & Daisy  
Where: Riviera Resort

## **CHEF MICKEY'S**

You'll meet: Mickey w/ Fab 5 (\*Breakfast and dinner only)  
Where: Contemporary Resort



## **TUSKER HOUSE**

You'll meet: Donald & friends  
Where: Animal Kingdom

## **HOLLYWOOD & VINE**

You'll meet: Disney Jr at Breakfast and Minnie & friends for lunch/dinner  
Where: Hollywood Studios



## **CINDERELLA'S ROYAL TABLE**

You'll meet: Cinderella and friends  
Where: Magic Kingdom

## **BE OUR GUEST**

You'll meet: The Beast (\*Dinner only)  
Where: Magic Kingdom



## **STORYBOOK DINING AT ARTIST POINT**

You'll meet: Snow White & Friends (\*Dinner only)  
Where: Wilderness Lodge Resort

# Character Dining

Meet your favorites!

## CRYSTAL PALACE

You'll meet: Winnie the Pooh Characters  
Where: Magic Kingdom



## CAPE MAY CAFE

You'll meet: Minnie Mouse & friends (\*Breakfast only)  
Where: Epcot Resort Area



## 'OHANA

You'll meet: Lilo, Stitch, and other friends (\*Breakfast Only)  
Where: Disney's Polynesian Village Resort

## AKERSHUSH

You'll meet: A royal promenade of princess friends  
Where: Epcot



## 1900 PARK FARE - BREAKFAST

You'll meet: Mary Poppins, Alice in Wonderland, Winnie the Pooh  
Where: Grand Floridian Resort

## 1900 PARK FARE - DINNER

You'll meet: Cinderella & her Step Sisters  
Where: Grand Floridian Resort



**View the complete list of Character Dining opportunities:**

**CHARACTER DINING**

# Nap Time!

## Our Super Secret Nap Spots

Kids need naps. A day at Disney can be tiring even for adults and it is a scientific fact that kids have shorter legs than adults. So where can your little ones get some rest?

### **Can't I Just Go Back to the Hotel?**

Of course you can! And for guests staying at resort hotels with good transportation, leaving the park and coming back after nap time may be the best option. But if that feels like a lot of hassle with an already tired child, here are some of my personal favorite spots to park the stroller in a quiet, shady (maybe even air conditioned) spot and let my little ones get some rest.

### **Baby Care Centers**

Each of the parks has a Baby Care Center marked on the park map that is a great place for your child to rest and unwind. There are restrooms, feeding areas, and even rocking chairs. They also have important essentials like baby wipes, diapers, and other necessities available for purchase if you run out, lose, or forget to bring your own.

### **Magic Kingdom Nap Spots**

- **Cheshire Cafe:** To the left of the Cheshire Cafe building is a little covered porch area with benches. The only thing back there is the staff entry to the Cafe, so no one will bother you. It's completely enclosed, cool, comfortable, and quiet.
- **Pete's Silly Sideshow:** Right next door is a covered area with seats, a water fountain, and a place to charge your phone.

### **Epcot Nap Spots**

- **The American Adventure:** The lobby area of the American Adventure is air conditioned and usually pretty quiet.
- **United Kingdom Hedge Maze:** This is a nice shady area that is quiet and relaxing. We also find that our older son has fun playing in the hedge maze or visiting with Alice or Mary Poppins (who occasionally come by to visit) while the little one naps.
- **Imagination Pavilion:** The exit to Journey Into the Imagination with Figment has a large, open air conditioned space that is largely vacant except for people exiting the ride. It is cool and quiet, and one of the best options in the World Celebration and World Discovery part of the park.

### **Hollywood Studios Nap Spots**

- **Animation Courtyard:** This area is relatively quiet as long as you're a little distance away from the Disney Junior Dance Party.
- **Hollywood Tower of Terror:** The area beyond the exit of the Tower of Terror (just beyond the Joffrey's Coffee) is at the edge of the park and no one comes back this far except staff. It is very shady and cool.

### **Animal Kingdom Nap Spots**

- **Harambe Market:** The outdoor dining area at Harambe Market stretches back behind the building, and the back corner is shady and quiet.
- **Oasis Exhibits:** This area has cool, shady caves and quiet benches, as well as lovely ambient sounds.



**All information in this guide is subject to change.**